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(757) 289-1125

I have received the Client Information Booklet from Virginia Beach Counseling Services.

Print Name: _____

Sign Name: _____

Date: _____

We would like to send you text message or email reminders of your scheduled appointments.

Please provide the appropriate contact information for reminders, below:

Reminder contact: cell phone number: _____

Reminder contact: email address: _____

If you prefer not to receive reminders, please check the appropriate box (es) below:

_____ I prefer not to receive email reminders about my scheduled appointments.

_____ I prefer not to receive reminder text messages about my scheduled appointments.

Please sign to indicate your permission for reminders: _____

Date